

Testimonials:

Clearly and concisely written, with real-life examples to drive the principles home. "Achieving Work-Life Balance" by Sandy Hyslop is a must-read for anyone looking to find that perfect balance between professional and personal life. You really can have it all!

- Andrea Pitts, ClearWorks Communications www.clearworkscom.com

I loved reading the eBook "Achieving Work-Life Balance" by Sandy Hyslop. It is a simple guide to making priorities and setting goals to get the most out of your time. The personal antidotes were very helpful and really brought the information down to a personal level. The exercises throughout the book are easy to do, and I love the appendix which contains the exercises with space to write your own thoughts as you read through. I really recommend that everyone read this brilliant eBook and complete the exercises in order to help achieve work-life balance!

- Christine, Ontario, Canada