

Testimonials

"Autism A New Understanding is the best book that I have ever read."

Carl Rehbein, father of an autistic son.

Autism, a new understanding!: Solving the "mystery" of autism, Asperger's and PDD-NOS

Very highly recommended for all who live and work on the autism spectrum. The author explains her sensory theory of autism-- introduced in her earlier book *AUTISM: HANDLE WITH CARE!*--in which stress and anxiety are key factors. In her new book, she focuses on the positive implications of "hope and excitement...when we open our eyes to the realities of autism from the inside." Both books are remarkable for taking seriously what people with autism ("the real experts") say about their condition. There are hundreds of unique and vivid quotations as well as scores of practically helpful suggestions for parents, teachers, caregivers and friends. After early chapters on the main factors in stress, Gillingham discusses ways we can help autistic people to make remarkable progress. If you can't read anything else about autism this year, be sure to read this book. Elizabeth Bloomfield for the Ontario Adult Autism Research and Support Network.

Autism, a new understanding!: Solving the "mystery" of autism, Asperger's and PDD-NOS

Gail Gillingham's latest book, *Autism: A New Understanding!*, is a perfect compliment to her earlier book, *Autism: Handle With Care*. Both books provide practical information to help people understand and cope with autism.

I am a high school teacher and an outreach worker for a community service agency. I have contact with individuals with autism in both of these capacities. The information and advice in this book has given me a deeper understanding of autism and better equipped me to work with autistic individuals.

Gillingham explains things in a manner that even a person with little or no prior knowledge about autism can understand. Yet, even a parent or other caregiver with years of experience in the field of autism will come away from this book with a deeper understanding of the myriad of issues surrounding this topic.

The author makes it a point to continually stress that the suggestions she offers for improving the lives of those with autism have worked for *SOME* individuals. Nothing is suggested as a "cure all." However, if you are the parent and/or caregiver of an autistic individual and just one or two of the suggestions from this book make a positive impact on the life of the autistic person under your care, then this book will have been well worth the purchase price and the time you spent reading it.

I highly recommend this book to anyone who has contact with autistic individuals. It will broaden your understanding and provide you with the information necessary to have a positive impact on the lives of those with autism.

Timothy Jacques