

“The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.” Confucius

You can consider this book to be a recipe book for reaching happiness. The keys I have listed below are sort of the ingredients you will need to achieve a successful life. I call them keys since the journey that has led me here was literally felt like a voyage towards freedom and out of prison.

Most of the books I have read had a tendency to start by stating the problems and give you the solution in the second part. I decided to go about it differently. I prefer that you have the keys in hand and keep them with you for always. That way, you will already be equipped with the tools needed to get you out of where ever you dislike being and free as fast as possible. You will need to come back to this book every time you are unsure about how to find the proper solution to one of your problems. The keys can be used in any given situation. Mastering the skills that I am speaking of will set you on a strong path to freedom.

To be able to get out of the prisons we have locked our selves, in we will need some keys. I call them magical keys. Some are bigger, some are smaller. Some will require effort to manipulate; some will be very easy to use. Some keys can be used for all prisons, some are necessary for a few.

I have used them all in different circumstances and keep them written on a 4X5 card. I have almost a book of 4X5 cards that I carry with me. In the morning, instead of reading the newspaper, I read my cards; it helps me get a sense of direction for the day. You might want to do the same. It is a good way to keep being focused. The keys we will need are honesty, responsibility, faith, knowledge, determination, roll play, visualization, positivism, detachment, intuition, speed, patience, time and spirituality.